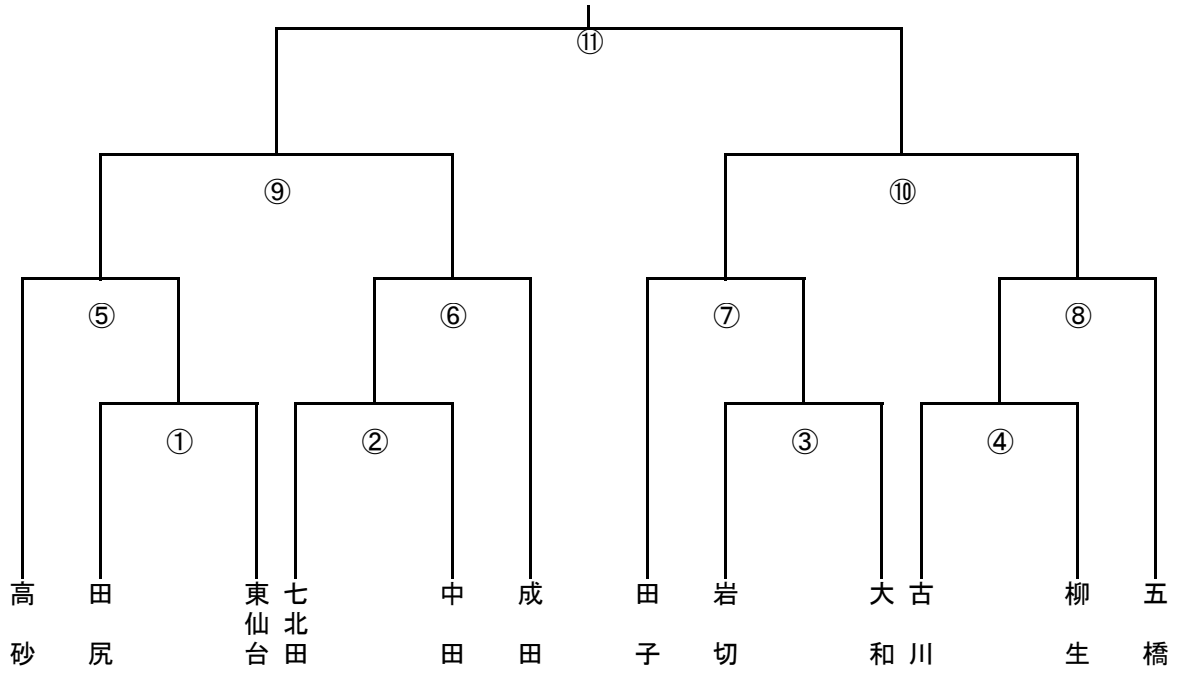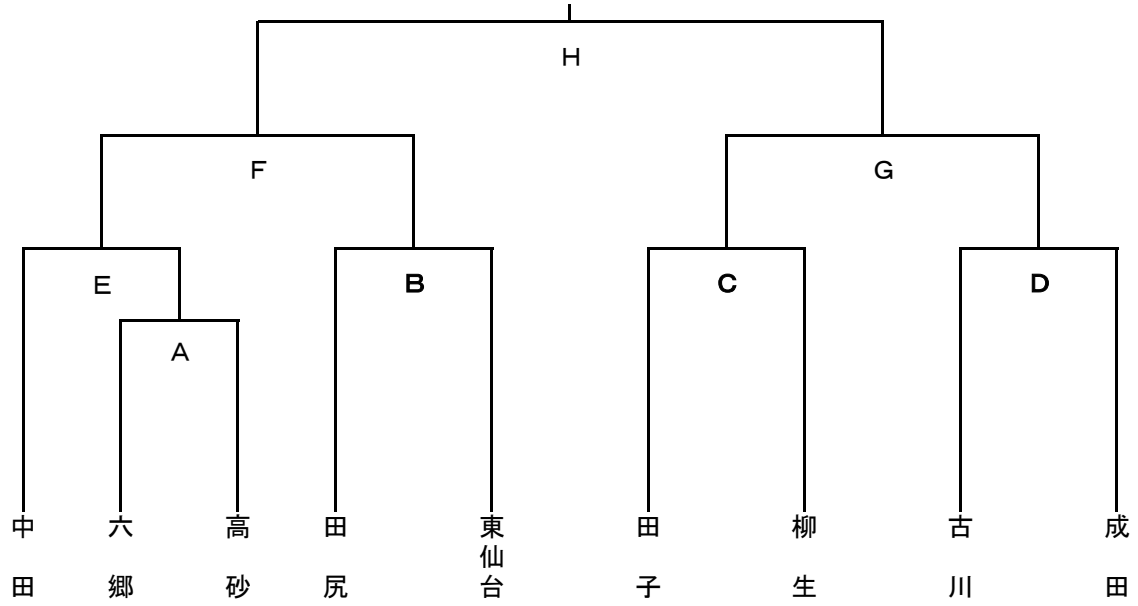第23回宮城県中学校ハンドボール春季大会